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FOR IMMEDIATE RELEASE

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### **Tracy Perry, PTA Earns Certification as Occupational Therapy Assistant (COTA)**

Tracy Perry, PTA at Cottage Hospital in Woodsville, NH has recently been certified as an Occupational Therapy Assistant after completing the National Board for Certification in Occupational Therapy (NBCOT).

Tracy graduated from the New Hampshire Community Technical College in Claremont in 2008 (now named the River Valley Community College), and earned her Physical Therapy Assistant certification shortly after joining Cottage Hospital.

Her dual certification will allow Tracy to assist Occupational and Physical Therapists, providing care to improve daily living activities, increasing strength, fine and gross motor activities, improving balance, gait and coordination and improving strength through exercise. Tracy is the only staff member to hold a dual certification.

The NBCOT credential assures patients that Occupational Therapists who conduct medical therapy procedures have completed the prescribed educational preparation, passed the appropriate exam, and pledged to abide by stringent ethics requirements — all of which assist them in delivering safe and effective patient care. Cottage Hospital requires all Therapists to hold National Certification and State licensure.

The NBCOT is a not-for-profit credentialing agency that provides certification of the occupational therapy profession. NBCOT serves the public interest by developing, administering and continually reviewing a certification process that reflects current standards of competent practice in occupational therapy (More information available: <http://www.nbcot.org> )

Cottage Hospital is a 25 bed, critical access hospital serving the beautiful Upper Connecticut River Valley. For additional information regarding Cottage Hospital and any of our services visit us on the web at [www.cottagehospital.org](http://www.cottagehospital.org) or call (603)747-9000.

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